

August 2017-Moylan Off & On-Ice Classes

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 8:00-9:00 AM (MP) Sand Training 11:00-11:30 AM (MP) Jump	2 8:15-8:45 AM (MP) Power Stroking/Edge 11:00-11:30 AM (BE) Mystery Class 11:30-12:30 PM (MP) TaeKwanDo/Stretch 11:45-12:45 PM (BE) Jump Class**	3 9:00-9:30 AM (MP) Spin 11:30-12:30 PM (MP) Jump Class**	4 9:00-9:30 AM (MP) Innovation 11:30-12:30 PM (VONG) Stretch & Ballet** 11:30-12:30 PM (MP) Conditioning	5 9:10-10:10 AM (BE) Yoga**
6	7 11:00-11:30 AM (BE) Spin and Edge 11:45-12:45 PM (BE) Yoga** 2:00-2:30 PM (MP) Power Stroking/Edge 3:00-4:00 PM (MP) Ballet**	8 8:00-9:00 AM (MP) Sand Training 11:00-11:30 AM (MP) Jump	9 8:15-8:45 AM (MP) Power Stroking/Edge 11:00-11:30 AM (BE) Mystery Class 11:30-12:30 PM (MP) TaeKwanDo/Stretch 11:45-12:45 PM (BE) Jump Class**	10 No Classes	11 11:30-12:30 PM (VONG) Stretch & Ballet**	12 9:10-10:10 AM (BE) Yoga**
13	14 No Classes	15 Conditioning 6:10 pm	16 Jump/Spin 6:30 am	17	18 Innovation 6:30 am Jump Class 6:10 pm	19 9:10-10:10 AM (BE) Yoga**
20	21 Edge/Str 6:30 am Choreography/ Interpretation/ Stretch 6:10 pm	22 Conditioning 6:10 pm	23 Jump/Spin 6:30 am	24	25 Innovation 6:30 am Jump Class 6:10 pm	26 9:10-10:10 AM (BE) Yoga**
27	28 Edge/Str 6:30 am	29 Conditioning 6:10 pm	30 Jump/Spin 6:30 am	31		

**-Ballet Room
Red-On Ice Classes
Black-Off Ice Classes