

Moylan Iceplex Hockey Academy 2012 Summer Camps

Ultimate Camp Mites/Squirts

June 4-14, 2012

Monday-Thursday 8:00 am-1:00 pm

Ultimate Camp Peewees/Bantams

June 18-28, 2012

Monday-Thursday 8:00 am-5:00 pm

This is the most comprehensive camp for 2011. Each age level will receive 28 hours of on-ice as well as off-ice training and other activities. Wear or bring athletic shoes each day for off-ice training sessions.

Camp Highlights:

- Taught by instructors with college and professional experience
- Focus on building a solid hockey foundation, including:
 - Power Skating/ Edgework
 - Speed/ Agility
 - Shooting
 - Endurance
 - Checking
 - Puck handling
 - Passing
 - Forward & Defense training
 - Team Concepts
 - Nutrition
 - Plyometrics

Ultimate Camp is **\$275** per skater for Mites/Squirts and **\$410** for Peewees/Bantams.

Peewees/Bantams are welcome to bring their own sack lunch each day or purchase lunch from our concessions. Each participant will receive a camp jersey

This year the Ultimate Camp will be limited to the first 40 kids that sign up.

Individual Skill Development Camps

1 Week Camps

Camp A- PUCK HANDLING & PASSING SKILL DEVELOPMENT

July 9-12, 2012 (Monday-Thursday)

ALL LEVELS 8:00 AM-12:00 PM

Camp B- POWER SKATING AND SHOOTING

July 23-26, 2012 (Monday-Thursday)

ALL LEVELS 8:00 AM-12:00 PM

Camp C- BREAKWAYS/ PENALTY SHOTS/ SHOOT OUTS/ OFFENSIVE RUSHES/ SCORING

July 30- August 2, 2012 (Monday-Thursday)

ALL LEVELS 8:00 AM-12:00 PM

Camp D- DEFENSIVE COMBAT CAMP

August 6-9, 2012 (Monday-Thursday)

ALL LEVELS 8:00 AM-12:00 PM

The weekly camp series will provide specific skill training in a concise one week format to allow for flexibility with family schedules and budgets. Select the skill camps that will focus on your needs and goals.

Each enrolled skater will receive:

- 10 hours On-ice instruction per camp
- 4 hours Off-ice instruction per camp
- Camp jersey (one per player for the summer)

Sign up for multiple camps and save:

1 camp \$125
 2 camps \$235
 3 camps \$330
 4 camps \$400

Wear or bring athletic shoes each day for off-ice training sessions.

This year the individual camps will be limited to the first 52 kids that sign up.

Name: _____ D.O.B. _____
 Parents Names: _____
 Address: _____ City, State, Zip: _____
 Home Phone: _____ Cell Phone: _____
 E-Mail: _____
 2012-13 Level: _____

Ultimate Summer Skills Camp: (\$275 Mite/Sqt or \$410 PW/BT) and Individual Skill Camps: **A B C D**
 (1 camp \$125, 2 camps \$235, 3 camps \$330, 4 camps \$400)

Total Amount Due: _____

Payment can be made by check (made out to Moylan Iceplex) or credit card (Credit cards can be processed at the rink or over the phone)

Mail checks to: Moylan Iceplex, Summer Hockey, 12550 West Maple Rd. Omaha, NE 68164

FOR OFFICE USE ONLY:

Amount paid: _____ Method: _____ Date: _____

