



**ROBIN** *dance arts &*  
**WELCH** *core training*



**TWO GREAT ORGANIZATIONS JOIN  
FORCES TO GIVE YOU THE VERY BEST!**

## **Ballet Classes Now at Tranquility!**

**Classes Begin October 2**  
Saturday 9AM-10AM

**To get the best deal on class prices purchase a Membership Card**

**Blue Level \$100 = \$10 per class**

**Gold Level \$250 = \$9.40 per class**

**Black Level \$500 = \$8.61 per class**

**Drop in rate is \$15 per class**

**Students will focus on body alignment, placement, movement flow, balance, elongated lines and flexibility all within the structure of a classical ballet class. As in all good ballet classes, coordination and musicality will be a priority as will learning the importance of correct movement technique and body mechanics.**

**Instructor: Rachel Vickrey**

**For more information please call Rachel Vickrey**

**614-9643 or 237-8801**